

Greetings my friends,

Summer, blessed summer, is upon us! For many of us, summer promises a much needed break. Maybe it gives us the chance to travel to some exciting new place, or to revisit the comforts of a familiar one. Perhaps it provides the opportunity to reconnect with distant family and friends. It can also be the doorway to a new direction in our life journey as we graduate and prepare for a new school or the next step, wherever that is leading. In all these ways, summer can still be really busy, and the break we are so longing for may be nowhere in sight!

That's why the summer can be a great time to intentionally revisit the faithful tradition of sabbath. We need to rest. Regularly! We need it for our bodies, our minds, and our spirits. We need to remember that the world won't stop spinning if we rest for awhile. Sabbath not only refreshes us but can create space for us to be more aware of God's presence in our lives.

It can help us to touch upon the footprints of God in creation, to see the image of Christ in one another, and hear the whisper of the Spirit on the wind. So give yourself permission this summer to be intentional about sabbath. Let yourself really experience God's presence with you in your moments of rest. Have a blessed summer!

Grace and peace,  
Pastor Jeff

## **WORSHIP IN JUNE**

*(Drinks and snacks are provided in Fellowship Hall following the 9:15 a.m. worship service)*

**9:15 a.m. Morning Worship**

Pastor Jeff Potter

### **Sermon Series: "Where Would Jesus Go?"**

#### **June 2**

Sermon: "Where Would Jesus Go to Push the Boundaries?"

Scripture: John 4:1-7

#### **June 9**

Sermon: "Where Would Jesus Go to Church?"

Scripture: Acts 2:1-21

#### **June 16**

Sermon: "Where Would Jesus Live?"

Scripture: Mark 6:1-6

#### **June 23**

Sermon: "Where Would Jesus Go to Renew His Spirit?"

Scripture: Psalm 23

#### **June 30**

Sermon: "Where Would Jesus Go to Offer Refuge?"

Scripture: Luke 9:57-62

## **CREATION CARE**

### Suggestions for Honoring God's Creation LAWN & GARDEN

The Lord God took the man and put him in the Garden of Eden to work and take care of it. GENESIS 2:15, NIV

**Caring for God's Creation**



### 10 WAYS TO START

1. Use a Nozzle. To prevent waste when the water is turned on and your hose is not being used, fit your garden hose with a shut-off nozzle. Water savings: up to 6.5 gallons per minute.
2. Catch Rain. A 2,000-square-foot home can collect as much as 36,000 gallons of rainwater in one year by using rain barrels to capture water from downspouts—more than enough to meet the average American family's water needs.
3. Mulch. Mulching your plants reduces the amount of water lost through evaporation, limits weed growth, and improves soil conditions. Water savings: 70 percent of water typically lost through evaporation.
4. Mow Smartly. Use a reel mower or an electric mower instead of a gas-powered mower. Gas-powered lawn mowers lack catalytic converters, which are used in automobiles to treat exhaust before it escapes. As a result, a gas-powered mower emits as much pollution in one hour as a car does traveling 100 miles. Combined with emissions from other gas-powered garden equipment, gas mowers account for 5 percent of air pollution during the summer months.
5. Avoid Pesticides and Fertilizers. According to National Geographic's The Green Guide, Americans spend over \$38 billion annually to keep their lawns lush and neatly manicured. The money goes toward purchasing chemical pesticides, insecticides, herbicides, and fungicides, many of which are making lawns toxic.
6. Plant a Native Garden. Conserve water by replacing little-used grass areas like your front yard with a native garden. A native garden can reduce street noise and offer more privacy for you and your family. Water savings: up to 75 percent of the water typically used. Growing indigenous plants with low water requirements could save you up to 550 gallons of water per year.

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7. Reclaim Water. Collect water that has been used for bathing, washing dishes, and other household duties, and use it to water your plants. Water savings: up to 300 gallons per month.

8. Landscape. It doesn't have to cost a fortune. In spring and fall, start a plant exchange board at your church. Ask if your town offers free mulch and compost, and check out demolition sites that may want to get rid of bricks and stones.

9. Cover the Pool. When you're not going for a swim, cover your pool to reduce water lost to evaporation. Water savings: 90 percent of water typically lost through evaporation.

10. Reduce. Shrink the size of the maintained part of your yard. Let it grow wild and watch to see which plants and wildlife thrive in your new "jungle."

- In many regions, only an inch of water per week is necessary to maintain a healthy lawn. Keep a cat food-size can outside to monitor rainfall. If rain fills it to the brim each week, you don't need to water at all.
- Use drip irrigation. Instead of using regular sprinklers, water your flowerbed and garden using drip irrigation or a soaker hose. This method saves water by minimizing evaporation and watering only the base of your plants. Water savings: up to 70 percent of the water typically used.
- Compost food scraps. Composting can reduce household waste by as much as 70 percent.
- Check out community-supported agriculture (CSA) programs in your community. If you don't know of any CSAs in your area, call the local extension office or 4-H club. Gather some like-minded friends and buy shares.
- According to the American Journal of Public Health, children who live in homes that use chemical weed and insect killers are four times more likely to develop cancer than those who do not. Skip expensive and harmful chemicals, and get rid of pests the natural way. Adding French marigolds, borage, dill, nasturtium, garlic, parsley, thyme, onion, sage, and fennel to your garden will help repel insects without harming the watershed.

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**Earth-friendly pesticides:**

- Basic insect spray—Repels insects; kills fungi and mites. Mix two tablespoons of dishwashing liquid soap into one gallon of water. To target fungi, add one to two tablespoons of baking soda. Add sulfur to kill mites.
- Peppermint tea—All-purpose insect spray; ant repellent. Brew peppermint leaf tea. Cool and place in a properly labeled spray bottle.
- Garlic spray—Repels insects. Mix two teaspoons of garlic juice, one teaspoon of cayenne pepper, and one teaspoon of liquid soap in one quart of water.
- Banana peel repellent—Repels aphids. Place banana peels around roses and other plants.
- Lemon spray—Repels white flies and soft-bodied insects. Also gets rid of fleas. Boil three lemon peels in one quart of water. Let cool, remove peels, and put solution in a properly labeled spray bottle.
- Lemongrass wasp repellent—Place lemongrass in a vase on your picnic table to keep wasps away.
- Vinegar spray—Combats fungal disease and black spots on roses. Combine three tablespoons of apple cider vinegar with one gallon of water.
- Is there a home for battered women, an addiction center, a halfway house, a teen center, a Head Start program, or a prison near you that could benefit from a garden? Investigate. Make some inquiries. Listen to their needs, and then join forces with friends and dig in.

Blessed Earth is an educational nonprofit inspiring faithful stewardship of all creation

## **LUNCH BUNCH**

All are welcome to join in lunch every Wednesday at 12:00. The Lunch Bunch meet at different restaurants around town. This month the Lunch Bunch will be eating at the following restaurants:

June 5 - **Skinny's Sports Bar & Grill** 4016 SW Huntoon

June 12 - **McFarland's** 4133 SW Gage Center Dr,

June 19 - **Red Lobster** 2011 SW Wanamaker

June 26 - **Senor Bur - Rito's Taco Shop** 2841 SE Croco Rd



## **THIRD SUNDAY LUNCH**

We have decided that because we are using church dinnerware, it is no longer necessary to bring your own. As always, we will have vegetarian and gluten free options available. The menus for the rest of the year will be:



### **June 16 FATHER'S DAY NO LUNCH**

July 21 Enchiladas, refried beans, rice and salad.

August 18 Grilled Hamburgers, hot dogs, potato salad, coleslaw, chips and salad.

### **September 15 NO LUNCH, DAY AFTER THRIFT SALE**

October 20 Meat loaf, mashed potatoes with brown gravy, peas, dinner rolls and salad.

November 17 Soups, chili, crackers, fresh vegetables, dinner rolls and salad.

December 15 Ham, dressing, sweet potatoes, mashed potatoes, gravy, green bean casserole, dinner rolls and salad.

KIDS PAGE



## **UNITED METHODIST WOMEN**

It just doesn't seem possible that it is already nearing the end of May. We will be "going dark" through the months of June and July. I can't say that I look forward to not having this special time with church friends; however I will still see everyone during church every Sunday during those two months.



We had a wonderful time on May 4<sup>th</sup>, when we all gathered for Ladies Day Out. The food was great as always and we had the pleasure of being served by the following men: Mike Peters, Bob Smith, Dale Bearce, Larry Ferrell, Jay Henderson, Bob Bearce, Charles Benton, and Stan Harder. They deserve special recognition for being willing to take their time on Saturday to come out and wait on us ladies. Lunch was followed by an unforgettable program put on by the Topeka High Madrigals. What a nice group of young people and the music was great. They closed the program with an oldie but goodie. If you've been around long enough you will remember it. Good memories!

"I love coffee, I love tea  
I love the java jive and it loves me  
Coffee and tea and the java and me  
A cup, a cup, a cup, a cup, a cup (boy!)"

Have a wonderful summer and stay tuned in for coming attractions. There will be no General Meetings through June and July. HOPE Circle will host the general meeting August 3, 10 a.m. at Aldersgate Village and JOY Circle will host the general meeting September 7<sup>th</sup> at 10 a.m. with a salad luncheon at 11:30. See you at church on Sunday mornings.

Jo Miller, UMW President

## **FLOWERS NEEDED**

I'm trying to add a few more perennial flowers in the "flower garden" at the church. A couple of the perennials last year didn't make it through the winter. I'm looking for Century Plant, Red Hot Poker, Salvia, Lavender, Phloxes, Stock, Poppies, Black Eyed Susan's. If you have any of these that you want to "thin" out, I just need a couple of them. I need a couple of plants that are very hardy that will grow with hot air from the air conditioners coming down onto it. Any plants will be welcomed, just let me know... Thanks in advance.

*Mary Winans*

### Enjoy the Season!

"Come on, James, let's go play in the snow!" James looked up lethargically. His brother already had his snow bibs on and was energetically pulling boots over his feet. "All right, I guess I'll go. But I do wish it wasn't so cold! I can't wait for summer," James grumbled. For a brief moment, Eric felt tempted to complain about the cold too. But then the boys' father walked into the room and offered to go sledding with them. One look at his father's face wiped all thought of complaint from Eric's mind. How could he complain when his father was with them? Besides, he also remembered how much he and his brother had longed for the cool weather last summer. He wasn't going to complain about the cold! He was going to enjoy the season! "It will be summer again soon enough," he told James as they headed out the door. "Let's enjoy winter while it's here!"

Eric and James were keeping quite busy. Between finishing their schoolwork and all their other spring activities, they could hardly find any time for play or relaxation. "Oh, man, I just wish things would slow down!" James moaned. "I do wish planting season would hurry up and end. I can't wait to rest and relax in the summer." James was just trying to survive the busy planting season. Eric paused for a moment on his shovel to think about his brother's words. "I'm sure father wouldn't give us more work to do than we could handle," he reflected. "He loves us so perfectly. This hard work must be just what we need. I'm going to choose to enjoy it!" "But we can't possibly get it all done!" James countered. Eric knew James was right. They had more things to do than they could ever hope to finish. James' words brought the weight of all that needed done pressing down on Eric's shoulders. Then Eric remembered-it was his father's problem to figure out how everything would get done! Eric was only responsible for doing each task with a full heart. The smile returned to Eric's face. He didn't have to carry the burden; he just needed to be diligent with the tasks his father had given him.

Spring eventually ended and summertime came. Now, instead of having too much to do, the boys seemed to have the opposite problem. Besides keeping the crops watered and the grass mowed, there wasn't much to do. The inactivity, coupled with the summer heat, was taxing on the boys. Yet both chose drastically different responses. As he had in the past, James chose to complain. He longed for something-*anything*-exciting to happen. And he longed for a relief from the heat! Eric, however, again chose to rejoice in the season. Although he, like James, felt the heat, he knew autumn would come soon enough, bringing cooler temperatures. And while he liked excitement just as much as his brother, Eric chose to use the quiet summer season to spend extra special time with his father. He spent hours sitting at his father's workbench listening and learning. The more he sat there, the more confident he became that his father would give him just what he needed in each season of life. He had only to trust and delight.

"To every thing there is a season, and a time to every purpose under the heaven."

Ecclesiastes 3:1



## DOORSTEP

Earlier this year the Topeka Community Foundation announced there would no longer be a Topeka Gives event. In the six years of the event, Doorstep was in the top three in number of donors each year! In light of the news we wanted to come up with some event of our own to keep the ball rolling!

Introducing... **Doorstep's Summer Cash Bash!** Make a donation to Doorstep anytime from June 1<sup>st</sup> – June 15<sup>th</sup> and help Doorstep earn 'match money'! You can mail your donation in, bring it to the office, go online or stop by our table at the Topeka Day of Giving. Let us know your member congregation, and that it is for the 'Summer Cash Bash' and it will be credited towards our goal.

If we raise \$15,000 we will receive a \$2,500 match, BUT, if we **raise \$20,000 we will receive \$5,000** in 'match money' from a generous, anonymous donor!

In the past, funding received from the Topeka Gives events has carried us through those lean summer months! And, this year is no different. We need your donations this June 1<sup>st</sup> -15<sup>th</sup>, to help us earn additional match money!

Doorstep will also be at the Topeka Performing Arts Center on June 12<sup>th</sup> from 2pm-8pm for the **Topeka Day of Giving**. We will have a table at the event, and will be accepting donations towards Doorstep's Summer Cash Bash!

### Save the date...

We will have one food sale fundraiser this year! We will take orders for **Cinnamon Rolls and Tamales September 6<sup>th</sup> – 22<sup>nd</sup>**, with delivery the weekend of October 11<sup>th</sup>. Mark your calendars to stock your freezers!

**Doorstep's 2<sup>nd</sup> Annual Neighbor Helping Neighbor Walk/5K Run is Saturday, October 5<sup>th</sup>** at Lake Shawnee, Reynolds Lodge. Plan to join us in getting some exercise around the lake, and raise funds for Doorstep this October. There will be more information closer to the event!



## **MISSIONS**

Following are just a few of the many opportunities to serve in mission with UUMC:



501 Summer Lunch Program: (at Westminster Presbyterian Church, 1275 SW Boswell, June 3 - August 9) Sign up sheets are at the Welcome Center in the Narthex. Volunteers are needed to help monitor and serve the children, as well as to provide cookies (separate sign-up sheet). People are needed all summer, but if you can help one week of the summer, or one day a week, or whatever fits into your schedule, the children would love to see you for lunch.

Blessing Box: Volunteers are always needed to fill the Blessing Box and are encouraged to sign up for an entire month (we only do it 3 times a week). Instructions and the sign-up sheets are at the Welcome Center. Also, we can always use more spaghetti / meat pop-top cans and tuna. Thanks everyone.

Doorstep and Fellowship & Faith: Donations of food are always needed and greatly appreciated. There are boxes and bags for these items in the front of the sanctuary.

Heartland Day Camp: This is a children's Christian day camp that we are partnering with Westminster Presbyterian Church at Boswell Park, June 3-7, from 9:00-5:00. It is for children who have completed kindergarten through 6th grade, and several of our children will be attending. Volunteers are needed for: check in and out, storytelling (or reading), helping with lunch and snacks, crafts, and outdoor activities. It is preferred that volunteers work all five days, but any amount of time would be greatly appreciated. All materials and supplies and curriculum are provided. If interested, contact Mary Peters, Linda Benton or you can register online at [Heartlandcamps.org/Westminster-university](http://Heartlandcamps.org/Westminster-university).

"Truly, I say to you, as you did it to one of the least of these my brothers, you did it to me." - Matt. 25:40

## **BUILDINGS AND GROUNDS**

Buildings and Grounds has been working hard all the time, in the background. Two windows from upstairs UCD areas were taken out because they were both cracked and replacement glass was installed in the frame, then tinted, caulk was added to the frame and then Thaine reinstalled them with help from Scott Campbell. After the roof was repaired, replacement ceiling tiles were put back up. You really need to thank the lawn mowing people when you see them: 1<sup>st</sup> week, Thaine Hoffman; 2<sup>nd</sup> week, Gary Weekly; 3<sup>rd</sup> week, Bob Smith; 4<sup>th</sup> week, Pam and Dale Bearce, and 5<sup>th</sup> week, Rick Raney. They will do this all spring and summer. It is getting harder to keep up with the lawn mowing (all of us are getting older and the riding mower is getting harder to get started). We need to think of alternatives; like newer mower or hire someone else to mow it for a price per week or some others from the church step up and volunteer to do the mowing. All our people are doing this as a donation to the church each week. A BIG "THANK YOU" goes out to the "Beine family" who came in and got the fellowship east wall painted with the Boy Scouts and for us. The date fell on graduation weekend and Mother's day weekend but they came in and got it done anyway. Thanks so much!! And a BIG 'THANK YOU' to the Buildings and Grounds Team!!! Rick Raney, B&G Chair



## **NEW WORSHIP SERVICE**

Here is a quick peek behind the curtain on the worship/outreach experience Ryan Wills and Andrew Mitchell are cultivating:

- July 7<sup>th</sup> will be the launch date (time still to be determined)
- For the first several weeks, we will meet in the garden behind the Row House Restaurant
- So far over 5 months' worth of creative experiences have been planned, beginning with an interactive series on ways to notice God in your surroundings
- By Fall, a mid-week evening gathering focusing on spiritual practices will also take place



## **WASHBURN SERVERS**

Washburn Servers have brought in \$266.08 so far this year that will go to our Mission Shares. If you would like to be a volunteer, please contact me at:  
785-224-4155 or [mewinans@sbcglobal.net](mailto:mewinans@sbcglobal.net) and I'll get you signed up to help. Most of the volunteering is at Rotary meals on Friday mornings from 6am - 10am. Black shirt, black slacks, black slip-resistant shoes will be your outfit for this job.

*Mary Winans*

*UUMC/Washburn Volunteer Coordinator*



## **CHILDREN'S MINISTRY**

Children of our church will participate with Westminster Presbyterian Church in a week long Heartland Day Camp, June 3-7. The camp will be located at Boswell Park across from Westminster. It will be a Christ-centered jam packed week of outdoor fun and faith for children who have completed kindergarten through sixth grade. Trained counselors and local volunteers will present a myriad of activities. Snacks and lunch are provided. Volunteers are needed. Register online at [Heartlandcamps.org/Westminster-University](http://Heartlandcamps.org/Westminster-University). Contact the office if assistance is needed, or contact Mary Peters or Linda Benton.



## **UNIVERSITY CHILD DEVELOPMENT**

UCD has a busy summer coming up.

- You know that all the kids are going to love Splash Days for all the classrooms. They will be getting wet on hot days beginning in June and continuing through July.
- Donuts with Dads is June 17<sup>th</sup> where dads will enjoy breakfast with their little ones.
- Trike a Thon will be held on July 21<sup>st</sup> which is a fundraiser for St. Jude Children's Research Hospital. You can sponsor a little rider to help them to raise money.
- They will be having their End of the Year Bash on June 22<sup>nd</sup> at a local park. It's a mystery location for the picnic since the park has yet to be determined.



## **OUR PRAYERS AND CONCERNS GO OUT:**

### **TO OUR MEMBERS & FRIENDS WITH SPECIAL CONCERNS:**

Jo Miller's son - John, Tammy Call, Lisa Eiben, Becky Ross's sister, Jim Peters, Diane Potter's niece, Jane Noble, Steve Kendall, Jack Bremer, Pam Land's niece, Ed Querbach's family & friends, Brian Snodderly & friends, our devoted caretakers, our enemies, and peace for our world.



### **TO OUR HOMEBOUND MEMBERS:**

Joanne Armstrong, Gayle Dick, Peggy Harrison, Carl Nordstrom and Joan Odgers

***Please contact the UUMC office if you know of someone who should be included or removed from our prayer list.***

### **TO THESE DISTRICT CHURCHES:**

2 June	9 June	16 June	23 June	30 June
<u>New Hope</u> Chuck Higgins Lori Brickman	<u>Oakland</u> Shawn O'Trimble Janet Hudson	<u>Pleasant Hill</u> Hyun-Jin Cho Janet Baldwin	<u>St. Peter's</u> Francis Stockton Steve Boyles	<u>Susanna Wesley</u> Maria Campbell Nick Marsh



Prayer Requests

If you would like to be notified by e-mail when there are new prayer requests, such as church members in the hospital, surgeries, births, deaths, etc., or if you have a prayer request you would like others to know about, contact Mary Winans at [mewinans@sbcglobal.net](mailto:mewinans@sbcglobal.net) or phone 785-224-4155 and leave a message. If you do not have email and would like to be notified by phone, please call the office at 235-2331.

**June Birthdays**

- 3 Holden Stewart
- 5 Becky Ross
- 6 Kyla Potter
- 8 Carla Hearrell
- 9 James Beine
- 10 Ardith Granger
- 12 Jerry Hinton
- 13 Susie Marchant
- 14 Caleb Schiffelbein
- 16 Brad Bearce
- 16 Bryce "Pip" Cooper
- 17 Scout Cooper
- 19 Kevin Koester
- 19 Christine Potter

**Milestone Birthdays**  
**12 Jerry Hinton 100**  
 17 Bryce "Pip" Cooper 21  
 19 Christine Potter 40



**June Anniversaries**

- 3 Bob & Linda Reece 47
- 7 Thaine & Carol Hoffman 55
- 8 Ed & Susie Marchant 52
- 12 Jim & Ann Fredrickson 59
- 20 Charles & Linda Benton 49





If you know of a birthday or anniversary that has been omitted or is not correct on this list, please call the office and let us know.

<p><b>2 June</b>            Acts 1:1-11            Psalm 47            Ephesians 1:15-23            Luke 24:44-53            Acts 16:16-34            Psalm 97            Revelations 22:12-14, 16-17, 20-21            John 17:20-26</p> <p><b>9 June</b>            Acts 2:1-12            Psalm 104:24-34, 35b            Romans 8:14-17            John 14:8-17(25-27)</p>	<p><b>16 June</b>            Proverbs 8:1-4, 22-31            Psalm 8            Romans 5:1-5            John 16:12-15</p> <p><b>23 June</b>            1 Kings 19:1-15a            Psalm 42            Galatians 3:23-29            Luke 8:26-39</p> <p><b>30 June</b>            2 Kings 2:1-2, 6-14            Psalm 77:1-2, 11-20            Galatians 5:1, 13-25            Luke 9:51-62</p>
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## JUNE 9:15AM WORSHIP LEADERS

### Liturgist

2 Mike Peters  
9 Becky Ross  
16 Ann Frederickson  
23 Carla Hearrell  
30 Diana Whitney

### CHILDREN'S MOMENTS

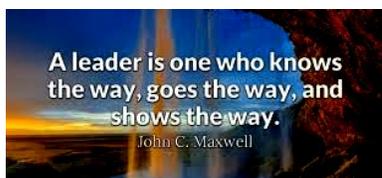
2 Mary Peters  
9 Becky Ross  
16 David Cooper  
23 Carla Hearrell  
30 Linda Benton

### HOSPITALITY TEAM CAPTAINS

2 Bob & Mary Ann Bearce  
9 Stacey Cooper  
16 Youth  
23 Diana Whitney  
30 George & Val Carter

## JUNE LAY SERVERS

### NURSERY ATTENDANT



### SUNDAY CHURCH OPENERS

2 Kevin Koester  
9 Melanie Wambsganss  
16 Dale Bearce  
23 Linda Reece  
30 Rick Raney

### SUNDAY CHURCH CLOSERS

2 Dan Orndorff  
9 Mary Winans  
16 Dale Bearce  
23 Linda Reece  
30 Rick Raney

### LAY CONGREGATIONAL CARE TEAM

#### HOMEBOUND

2 June  
Mary Winans & Cheryl Walters

#### Hospital Visits

Mary Winans

University UMC  
1621 SW College Ave  
Topeka, Kansas 66604-2761

The **Beacon** is published  
monthly for the members  
and friends of University  
United Methodist Church.

**\* SUNDAY SCHEDULE \***

**9:15 a.m.** Worship Service  
**10:15 a.m.** Sunday School  
**11:30 a.m.** 3<sup>rd</sup> Sunday Lunch

Summer